



An online **P**arenting **I**ntervention to **P**revent
affective disorders in high-risk **A**dolescents:
The PIPA Trial

**The PIPA
Trial**

The PIPA trial is exploring the effectiveness of an online resource for parents/carers to help reduce depression and anxiety in young people.

**Who can
take
part?**

Families of young people aged 11-15 years in the UK.

**What
does it
involve?**

Parents/carers and young people will be asked to fill in some online questionnaires and parents/carers will be invited to work through a series of online modules or factsheets.

**Benefits
for
families**

Improve knowledge of mental health and emotional wellbeing in young people. Pick up some useful tips and strategies to help support young people.

**Get in
touch!**

Email: PIPA@warwick.ac.uk
Phone: 02476574316 or 02476575078
Website: www.warwick.ac.uk/pipa



**Scan the QR code to visit our
website and register to take
part in the trial**

