



The PIPA Trial is exploring the effectiveness of an online resource for parents/carers to help prevent depression and anxiety in young people. The trial is being coordinated by the University of Warwick.

We are collaborating with secondary schools in the UK to promote the trial and engage with families of young people aged 11-15 years. The involvement for schools is very easy and minimal – we will work with a key contact in your school (a mental health/safeguarding lead or similar) to sign a letter of agreement and send out an invitation to families (we will provide all necessary documents).

The PIPA Trial is completely free of cost to families and schools and is conducted completely online. Parents/carers and young people who are eligible to take part will be asked to complete some questionnaires and will receive access to a range of online parenting resources.

This is a great opportunity for schools to get involved in the drive to improve youth mental health and to support students and families, particularly during these unprecedented times.

If your school is interested in getting involved and would like more information, please contact the PIPA Trial Team:

- Email: PIPA@warwick.ac.uk
- Phone: 02476575078 or 02476574316
- Website: www.warwick.ac.uk/pipa